



# SOCCER AID FOR UNICEF ACADEMY

## Teacher Notes

### Primary: Lesson 1

#### The Right to Play & Impact on Wellbeing

##### Guidance:

- Suitable for ages 5-11
- Approximately 1 hour
- Activities can be selected/adapted as appropriate for pupils

##### Resources required:

- children's rights cards games instructions
- CRC symbol cards
- [Kahoot's children's rights quiz](#)
- Traditional Games resource
- Equipment for traditional games

##### Learning Objectives:

- To understand the importance of children's rights
- To identify why play is important in my own life and why it is a right we need to protect
- To discuss the importance of play in the lives of all children around the world



**Starter Activity:** Introduce the CRC and the importance of children's rights

- **Read through Slide 4:** The United Nations Convention on the Rights of the Child (CRC) is the basis of all UNICEF's work. The CRC sets out the human rights of every person under the age of 18. It was adopted by the UN General Assembly in 1989 and is the most widely agreed international human rights treaty in history. The UK signed the convention on 19 April 1990, ratified it on 16 December 1991 and it came into force on 15 January 1992. [Leave highlighted content out for younger pupils]  
The Convention has 54 articles that cover all aspects of a child's life and set out the rights that all children everywhere are entitled to. It also explains how adults and governments must work together to make sure all children can enjoy all their rights. Every child has rights, whatever their ethnicity, gender, religion, language, abilities or any other status. The Convention must be understood as a whole: all rights are linked and no right is more important than another. The right to relax and play (article 31) and the right to freedom of expression (article 13) are as important as the right to be safe from violence (article 19) and the right to education (article 28).
- **Slide 5:** Play video summarizing CRC and UNICEF. Then:
  - Either play Kahoot children's rights quiz: <https://create.kahoot.it/details/5e6d6fba-65a0-40f7-9775-4ef7633c2f4f>
  - Or play one of the [children's rights cards games](#) using these [CRC symbol cards](#).

### **Main Lesson: The importance of Play**

- **Slide 6:** Introduce the right to play: Every child has the right to relax, play and take part in a wide range of cultural activities.
- **Slide 7:** In what different ways have you enjoyed Article 31 during the last school year? Talk to your partner. Feedback. OPTIONAL: Record answers to create a personalised class poster of Article 31.
- **Slide 8:** Highlight any ideas listed not already shared.
- **Slide 9:** Partner talk - Why is play important to you? Feedback as class. Ask who would like to share what they discussed. OPTIONAL: Record children's answers to create a personalised class poster of Article 31.
- **Slide 10:** Partner talk - How do you help each other enjoy your right to play in school? Feedback as class. Ask who would like to share what they discussed. OPTIONAL: Record children's answers to create a personalised class poster of Article 31.
- **Slide 11:** Teacher/Pupils choose one activity to complete from selection provided.
- **Slide 12:** Think about the importance of play in the lives of all children around the world: All children around the world have the right to play, but they might play some different games than the ones you're used to. Take a look at some of these



[Traditional Games](#) from around the world and have a go at playing with your friends.  
[prepare for these in advance]

**Reflection: Thinking time, exit notes or partner talk**

- **Read Slide 13:** Think about how you will make sure that you enjoy your right to rest, play and take part in cultural activities. How will you respect and help to protect other children's right to play.